

Activity Name:	Cake Mix Finger Painting	# 00115
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My Child Learns:	<ul style="list-style-type: none"> • Fine motor control • Sensory exploration • Science – cause and effect
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What Do I Need?	<ul style="list-style-type: none"> • A generic brand packet cake mix (made up to packet instructions) • A clean, flat surface (a high chair tray is perfect), older children can do this on the bench or on a serving tray at the table. If you prefer your child to work outside, put a small amount of cake mix in the bottom of an empty ice cream container.
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How To?	<p>There are no fixed rules for this activity – place a small amount of cake mix on the tray and let your child use their fingers to create patterns and paint.</p> <p>This activity is especially good with <u>young children</u> (children over 6 months), as it doesn't matter if they place their hands in their mouth while painting.</p> <p>Your child benefits from a tactile and wonderfully squishy experience and you are not panicking that your little one is eating paint!</p> <p>As an alternative to cake mix, you could use jelly (make up as per packet instructions and allow it to set first).</p>
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Developmental Areas

✓	 Cognitive	✓	 Language
✓	 Social	✓	 Emotional
✓	 Fine Motor		 Gross Motor

* Click on any of the links for more information about developmental areas