

Activity Name:	Play Dough with Rice	# 00154
-----------------------	-----------------------------	----------------

My Child Learns:	<ul style="list-style-type: none"> • Fine muscle development through kneading, rolling and shaping the dough
-------------------------	---

What Do I Need?	<ul style="list-style-type: none"> • 1 cup salt • 1 cup flour • 1 tablespoon vegetable oil • Food colouring (2-3 drops) • Water • ½ cup of uncooked rice
------------------------	--

How To?	<p><u>For Play Dough-</u> Mix the dry ingredients and the glitter, then add the oil. Put a few drops of food colouring in the water. Slowly add the water to the dry ingredients until dough comes together in a ball. Place the dough on the counter and kneed it-add more flour at this stage if it is too sticky and work it through.</p> <p>Encourage your child to work the dough using their hands, rolling and kneading it.</p> <p>You can create interesting shapes and talk about what you have made together. To extend, talk about how the dough feels (sticky, smooth, etc) and how the rice feels inside the dough (does it crunch, is it bumpy etc). For younger children this activity is simply designed to be sensory.</p>
----------------	--

Developmental Areas

✓	 Cognitive	✓	 Language
✓	 Social	✓	 Emotional
✓	 Fine Motor		 Gross Motor

* Click on any of the links for more information about developmental areas